

Programme



NUTRITIONAL SOLUTIONS CNE 2021 • 8 NOVEMBER 2021

<i>Time</i>	<i>Topic</i>	<i>Presenter</i>
7h30 - 8h00	Registration and welcome	
8h00 - 10h05	Sleep and the health impact Diabetes Care - Levelled up! Practical application of sensing technology	Dr Alison Bentley Prof David Segal
10h05 - 10h45	TEA TIME	
10h45 - 13h30	Implementing FODMAPS - a Practical overview Mental Health : the impact of nutrition Dietitian Networking Session	Monique Pideit Nicola Walters All the dietitians
13h30 - 14h20	LUNCH	
14h20 - 16h20	Anti Inflammatory Nutrition for Cardiovascular Health Mindfulness - How to stay sane in an insane world	Dr Riaz Motara Helen Nicolson
16h20 - 16h30	Closure of CNE	

**Additional online ethics session - Conflict of interest in the age of social media - Jacques Rousseau
Date TBC**



Nutritional Solutions
REGISTERED DIETITIANS